

# GRIEF SUPPORT

Rainbow Grief Support is one of the most important services we provide. Our bereavement counselors work closely with anyone who has experienced the loss of a loved one, whether on our hospice program or not.

Their outreach takes many forms including phone calls, one-on-one visits, facilitation of monthly or weekly support groups like *Monday Morning Joe* and hosting special programs like our annual Memorial Service or Holiday Grief events.



In 2022, we dedicated a beautiful, newly designed Memorial Garden outside our inpatient center. Anyone is welcome to visit the outdoor space to remember and honor the important people in their lives and gather for healing, reflection, and solitude.



# COMMUNITY HEALTH MINISTRY

Rainbow Community Health Ministry is a program dedicated to collaborating with faith congregations to enhance the overall well-being of the community. Our Community Resource Liaison supports parish nurses, most of whom work on a volunteer basis, by completing tasks outside their area of expertise (e.g., conducting needs assessments, facilitating advance care planning conversations) and connecting parishioners with programs and resources that help meet critical needs.



If you or someone you care about needs help from Rainbow Friends in Action, please call (920) 674-4548 and ask to speak to one of our volunteer coordinators to learn more.

# FRIENDS IN ACTION

Rainbow Friends in Action is a volunteer program dedicated to providing “neighborly assistance” to people who are elderly, disabled or seriously ill and could benefit from receiving a little extra non-medical help in order to remain living independently in their homes.

Core services provided by **Rainbow Friends in Action** include:

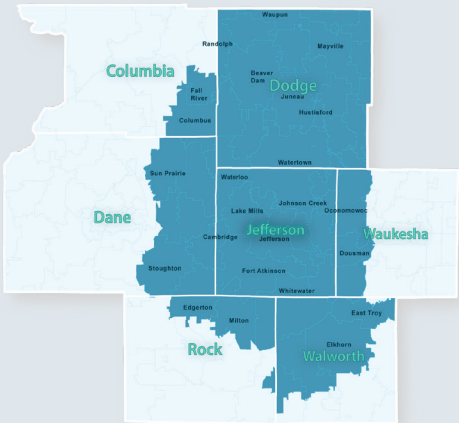
- Friendly visits
- Shopping and errands
- Transportation to and from medical appointments, the pharmacy, church, etc.



We review other services on a case-by-case basis such as light housekeeping, meal preparation, and yard work (e.g., mowing, raking, snow shoveling).

# RAINBOW COMMUNITY CARE IS LOCAL, INDEPENDENT & NON-PROFIT

**Local** – serving Dodge and Jefferson counties as well as portions of Columbia, Dane, Rock, Walworth and Waukesha counties.



**Independent** – we don’t employ anyone or own anything that is required to use us. We do business the old-fashioned way - we must earn it.

**Non-profit** – we are governed by a Board of Directors comprised of local people who believe in giving back to the communities we serve.



TO LEARN MORE OR MAKE  
A REFERRAL, PLEASE CALL  
(920) 674-6255 OR VISIT  
[RAINBOWCOMMUNITYCARE.ORG](https://RAINBOWCOMMUNITYCARE.ORG).



# YOUR PREFERRED CHOICE FOR:

- HOSPICE CARE
- PALLIATIVE CARE
- ADVANCE CARE PLANNING
- GRIEF SUPPORT
- COMMUNITY HEALTH MINISTRY
- FRIENDS IN ACTION



# ADVANCE CARE PLANNING

**Rainbow Advance Care Planning** helps you learn about health care decisions that might need to be made during an emergency or at end-of-life, prepare for them ahead of time, and let others know your preferences. These wishes are put into a legal document known as an advance directive. It helps others know what type of medical care you want, allows you to express your values and name a health care agent (someone who can make decisions for you if you cannot do so yourself).

Good advance care planning starts with an important conversation with your loved ones about your healthcare wishes and is revisited when life circumstances change. Appropriate times to have this talk include when you begin each new decade of life, you are diagnosed with a serious illness, a loved one or health care agent passes, you get divorced, or you can no longer live on your own.



Rainbow currently participates in a statewide initiative called *Advance Care Planning & Advance Directive by the Wisconsin Medical Society*. Our team of advance care planning facilitators have been trained and certified by the nationally renowned Respecting Choices® First Steps® advance care planning program and is here to help you complete this important work.

# PALLIATIVE CARE

**Rainbow Palliative Care** is a community-based palliative care program that helps seriously ill people and their caregivers manage the burdens associated with advancing chronic disease. Our specially trained team consisting of a Nurse Practitioner (NP), Nurse Navigator, and Social Worker visits patients wherever they call home versus making them come to us.



Like hospice, palliative care provides patients with relief from symptoms associated with their serious illness and also helps them plan for what might lie ahead. Unlike hospice, palliative care can be provided along with aggressive, life-prolonging treatment.

Key benefits of **Rainbow Palliative Care** include:

- NP assessment in the home, assisted living facility or nursing home
- Nurse Navigator and Social Worker
- Expert pain and symptom management
- Collaboration and coordination of care with your primary care provider and specialists
- Goals of care and treatment planning conversations
- Education about your illness and its likely progression
- Referral to other community-based resources
- 24/7 access to RN telephone support

# HOSPICE CARE

**Rainbow Hospice Care** supports terminally ill patients (i.e., people having six months or less to live) and their families. The primary goal of hospice care is to improve quality of life by providing care for the patient’s body, mind, spirit, soul, and relationships.

Our highly skilled interdisciplinary teams – *consisting of physicians, nurses, certified nursing assistants, social workers, chaplains, volunteers, and grief counselors* - ensure patients are free from distressing physical and emotional symptoms and work hard to give families an opportunity to complete important unfinished business in their lives.

Rainbow’s team makes regular visits to patients to develop plans of care that meet individual needs. They are on call 24 hours a day, seven days a week. Care can be provided wherever the patient lives – in their house or apartment, the assisted living facility or nursing home.

Hospice is not intended to replace whoever the patient’s primary caregiver is - whether that be family or facility staff. Instead, we are an extra set of minds, hands, eyes and ears who are there to work with caregivers to ensure that comfort and dignity are achieved.

Patients experiencing a significant medical crisis or families needing a break from the rigors of caregiving at home can also utilize the **Rainbow Hospice Care Inpatient Center**, a beautiful, home-like and state-of-the-art 8-bed facility located in Johnson Creek.



# ABOUT RAINBOW

Founded by volunteers in 1990, **Rainbow Community Care** provides services that support patients and families throughout their entire journey navigating aging and serious illness.

Highly regarded for excellence in hospice care, palliative care, advance care planning, grief support, parish nursing, and volunteer programs, Rainbow is dedicated to improving the overall health of the communities we serve in rural Southern Wisconsin.



Guiding our day-to-day work at Rainbow is a set of values centered around caring for the most vulnerable people living among us. We are here to serve you with the core belief that this is your life and your journey.

We hope you and your family will turn to Rainbow in your time of need. We’re here for you.

